

Abbie 4-H, Pleasanton CA

COMMUNITY CLUB MEETING  
WEDNESDAY, February 13<sup>th</sup>, 2013  
Theme: Valentine's Colors  
Meeting starts: 7:00 PM  
Sign-in opens: 6:45PM  
MOHR ELEMENTARY SCHOOL,  
Multi-purpose Room  
3300 Dennis Drive



### Special Interest Articles:

Spaghetti Feed  
Film Festival  
Cavy Meeting at Alviso Adobe  
Famous 4H Alumni  
Alviso Adobe Cavy Presentation  
With Parks and Rec  
Have a Heart! Collecting for SPCA  
Out of the Barn and into College Life  
4H Calendar  
Horse Field Day  
Leadership Training  
SAFD Help Needed  
What We've Heard  
January CCM Minutes

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If you would like to submit an article, please send them to Kamryn Brown at [kweirbrown@comcast.net](mailto:kweirbrown@comcast.net) or [farcherbrown@comcast.net](mailto:farcherbrown@comcast.net) by the first Wednesday of each month.



## Spaghetti Feed

By: Austin Munro

On Saturday May 4<sup>th</sup>, Abbie will be having their 2<sup>nd</sup> annual spaghetti feed fundraising dinner. This year we are adding some fun carnival games. The Spaghetti feed will be held at the Veteran's Building in downtown Pleasanton. Doors will open at 6PM and dinner will be served at 6:30. At 8PM we will start the raffle of wonderful baskets donated by the projects. The beginning 4H group has offered to make centerpieces for our tables. Tickets will be available for \$10 at the monthly CCM or by emailing Michele Munro at [munro821@aol.com](mailto:munro821@aol.com). Mark the date, you do not want to miss the fun!



## Film Festival

By: Ariele Silvas  
(Alameda County All Star)

For the first time in memory, the 2012-2013 All Star Team is putting together a very special event for our Alameda County 4-H members: The 1st Annual Alameda County 4-H Film Fest! The film fest was created for all of the 4-Hers who are interested in making films, being fantastic actors, and working as a team of your very own movie cast and crew, consisting of a director, a scriptwriter, and the actors and actresses. The plan is simple; you and your crew of chosen 4-H friends get to put together a film based on the theme of Adventure (which doesn't have to be 4-H themed!). Create your film, and then submit your film by March 1st at our official website. There is a possibility of a two week extension if you ask for it. Your form to enter will ask your crew which award category they would like to be considered to win; whether you pick Best Actor, Best Director, or even Best Picture, it is all up to YOU. Then, your film will be judged by a panel of adult volunteers and evaluated for a chance to win an award! Our grand finale will take place in May, when we will hold the Film Fest with the essence of Hollywood glamour! Dress in your best, walk the red carpet, and watch your film on the silver screen with the rest of the films entered by other 4-Hers! Please visit [ac4hfilmfest.webs.com](http://ac4hfilmfest.webs.com) for more information, such as rules, categories, and the entry form. We hope to see you at the movies! Good luck and reach for the stars

SEE ATTACHED PDF FILE FOR THE FLIER



## Cavy Meeting at Alviso Adobe

By: Sammi Buscheck

On Sunday, January 27<sup>th</sup> the Abbie 4-H Cavy group gathered at Alviso Adobe in Pleasanton, California for their monthly group meeting. Each member brought all of their Cavies and paid for them to get ear tagged and treated with Ivermectin by Jane Morehouse. The meeting started off with introductions from everyone telling their name, how old they were, and something interesting about their Cavy. After all the members had introduced themselves, co-leader Chloe Gibson gave a presentation about Cavy nutrition. Chloe's presentation was followed with many questions about Cavy health and lifestyle. Towards the end of the meeting, the group was offered to participate in a craft and got called up to get their Cavies treated and tagged.



## Famous 4H Alumni

By: Austin Nicolas

Did you know that 1 in every 7 adult Americans was once in 4H? With that many alumni, there must be some pretty famous ones.

Here are some of my favorite former 4Her's:

Jimmy Carter - president

Al Gore - vice president

Herschel Walker - pro football player, won the Heisman Trophy

Reggie White - pro football player

Ned Jarrett - NASCAR racer

Alan Shepard - astronaut, 1st American to travel into space

Faith Hill - country singer

Luke Bryan - country singer

Julia Roberts - actress

Who knows, maybe an Abbie 4Her will join this list someday!



## Alviso Adobe Cavy Presentation with Parks and Rec

By: Josie Carter

## Have a Heart! Collecting for SPCA

By: Josie Carter

Earn Community Service Points and feel good about donating to help dogs and cats at the SPCA. I will be collecting towels, blankets, dog/cat food toys, leashes or collars to bring to the SPCA. They really appreciate donations.

Thank you!

On Jan. 12th the Cavy Project went to the Alviso Adobe and gave a presentation for kids through the Park and Rec. It was for kids and families who were interested in getting a guinea pig or may just have bought one and wanted more information. Chloe, Harrison and Miriam talked about breeds good for young children, general good care and health of cavy, about showing or participation in the Cavy project and a quick overview of 4-H. There were many different breed and babies which everyone seemed to really enjoy. People had a lot of questions and really valued getting so much great information. I think it was a hit and we should continue to do these kinds of programs for the community.



# Out of the Barn and Into College Life

By: Kate Ricart

As I wrap up my first semester at the University of Idaho, I have come to realize many things, and one of them (probably the biggest) was how much 4H has helped me gain skills that I need not just at the barn or in the show ring, but in life as well. Going to a new school-let alone in a new state- and not knowing anyone was pretty daunting, but the skills I have gained from 4H helped me conquer every obstacle, and I realize now have made me the person I am.

One big thing 4H taught me about is leadership and how to take control of situations. I ended up rushing Kappa Delta Sorority and now I am holding the Leadership Chair, Points, and Historian positions in the house, which is a lot for a freshman. However through all of the roles I held while I was in Abbie 4H, I have been able to handle it very well, and I've made a really good impression in the house. Many of the girls were surprised that I could do all of them so well and with such little direction, and are encouraging me to run for a council position next year, which would be really cool since council is made up of mostly upperclassmen.

Another thing I learned through 4H was responsibility and time management. I grew up having to wake up early to feed my animals, work with them daily and put their needs before my own. This hard work prepared me for school projects and presentations that while others had procrastinated and pulled all-nighters trying to finish, I managed my time and got them done and turned in early. One of my teachers even commented on my impressive work ethic and said it showed in my projects, and mentioned that in two years when I am an upperclassman in my major he would keep an eye out for me in case I wanted to become one of his Teacher's Assistants.

The biggest thing that I learned through 4H, however, was communication and how to be confident in myself and a well-rounded person. Growing up, I had a very tight knit group of friends, and I haven't had to really try and make any since the second grade. Of course, being thrown in a house with sixty four other girls, I expected that I would meet plenty of people, but there was always a bit of uncertainty I had. Once moved in, however, I found that it was actually really easy to make new friends and I was shocked at how close I got to my housemates so quickly. When we were talking about it later on, they said it was because I just came across as a levelheaded, open and good person. One of my friends even gave me the nickname "Sunshine", and while I think that's a little bit over the top, it made me happy to think that I grew up to be an individual that is seen as nice and optimistic.

One of the coolest things, however, was when my friend, Mackenzie, an Ag major with no ranch experience, just happened to mention that they were halter breaking and working with some of the cows at the school ranch, but didn't know what to do. I immediately offered to help out, having plenty of personal experience from all my years in the beef project, and went out with her to show her the ropes and even how to show. It was nice to be back in my boots and out with the cattle, as I had been a little homesick at the time, but I met other 4H kids from some of the Idaho counties and suddenly it almost felt like I was back at fair, messing around in the barn.

Looking back, I am so thankful for all my years doing 4H. I wouldn't be who I am if I never did it, and am constantly surprised by how so many of the skills I learned from Abbie crossed over into my college life. Although I will never stop growing, having such a stable and good background gained through 4H had helped me so much, and I am so glad that I was a part of such a great community club.

## 4-H Calendar

By: Coleen Theroux

# 2013



If anyone would like a meeting, community service event, or any other 4-H related event to go on the Abbie calendar, please send an email with the date, time, place, or any other information to [abbiecalendar@gmail.com](mailto:abbiecalendar@gmail.com).

Thanks!

## Horse Field Day

DATE: Sunday, March 10<sup>th</sup> 2013  
TIME: 11am - 3pm \*\*daylight savings begins\*\*  
LOCATION: 5900 Highland Rd., Pleasanton 94588

Contact: Sarah Vernlund 925-437-1051  
highlandtraining@msn.com

### Event Activities:

- 10:30 Registration
- 11:00 Welcome
- 11:05 Trail Class Demonstration – Nancy Jannisse
- 11:20 Stick Horse Trail Class Demonstration
- 11:30 Showmanship Clinic Overview – Laurelye Casipit
- 12:00 Showmanship Clinic Begins – Horses provided by Highland Stable
- Stick Horse Trail Class Begins – Make your own horse and ride the trail course!

### Additional Activities:

- Local Vet Presentation - When should I call the vet?
- Farrier Demonstration – Care of hooves; How and why.
- Paint a Live Horse! Fun way to learn the Parts in Color!

3:00 Finish

Refreshments & Bake Sale - All proceeds will benefit the 2013 4-H Horse Show.  
4-H Horse Project Leaders please RSVP to Sarah with number of youth attending.

OPEN TO ALL

PARKING IS LIMITED – PLEASE PLAN TO  
CARPOOL

## Leadership Training

By: Anika Nicolas

My brother and I went to the 4H leadership training class on January 17th. The first thing we did was play the human knot game, using teamwork to try and untangle ourselves. Then we split up into groups and learned about the responsibilities of each 4H officer's job. It was a great way to learn what it takes to hold the different officer positions. I would recommend this class to anyone interested in becoming an officer.



## Small Animal Field Day Help Needed

By: Miriam Flock

If Small Animal Field Day is to happen this year, volunteers will be needed! Any teen or adult willing to help out (even if it's in the smallest way!), or just want more info, please let me know.

There will be 2 planning meetings before SAFD (tentatively April 27th).

Thanks so much!

Miriam Flock

Home: (925) 484-1942

Cell: (925) 324-5426

[miriamflock@comcast.net](mailto:miriamflock@comcast.net)



4Hers-

Please write newsletter articles for the March newsletter! Articles can be about anything, whether it be community service, project reports, or announcements. If you have any questions or want to write an article, please email Kamryn Brown at [farcherbrown@comcast.net](mailto:farcherbrown@comcast.net) or [kweirbrown@comcast.net](mailto:kweirbrown@comcast.net). Articles will be due on March 9<sup>th</sup>. Thanks!

## 4-H Whites

By Chloe Gipson

Hello everybody, I just wanted to let you know that I will be at the back of the room after the community meeting at Mohr elementary school where our 4-H meetings are. I'll be giving out some 4-H recycled whites to people who need them. I will also be very happy to take any whites you do not need. Please wash them before you bring them in. Thank you.

## Bird Health Awareness Week

Everyone knows raising birds is fun... but bird health is also an important responsibility as a flock owner.

In an ongoing effort to promote awareness about the diseases that threaten bird health, the U.S. Department of Agriculture's Animal and Plant Health Inspection Service (APHIS) is designating February 24 – March 2 as ***Bird Health Awareness Week***.

The USDA/APHIS will be presenting a free Webinar on Thursday, February 28<sup>th</sup>, 2013 featuring Andy Schneider, the "Chicken Whisperer," Dr. Martin Smeltzer, USDA poultry veterinarian, and Dr. Claudia Dunkley, University of Georgia poultry scientist. For more information on how to reserve your Webinar space download the [USDA Flyer](#).

During this week, as part of the Biosecurity For Birds campaign -- [www.aphis.usda.gov/animal\\_health/birdbiosecurity/](http://www.aphis.usda.gov/animal_health/birdbiosecurity/) -- USDA is encouraging bird owners to actively participate in a weeklong promotion of bird health. This awareness week is targeted to all students, teachers, regional breeder groups, backyard flock owners, feed stores, bird lovers... just about anyone who raises poultry in a non-commercial setting. Please check out the website above for general information on bird biosecurity and organizing and participating in bird health activities.

Please do not hesitate to call us with any questions about the Bird Health Awareness Week, or with any bird health comments or questions.

## Earn Community Service Points by donating Used Magazines.

By Josie Carter (Magazine Committee Chair)

Hi 4-her's-

I am Josie and I am the Recycled Magazine committee chair. At each Community Club Meeting we will be collecting your read magazines and donating them to the Pleasanton Public Library. You can earn Community Service Points for your record book and feel good about recycling your unwanted magazines. Please cut off address labels from magazines, don't just scratch them out. Then bring them to the CCM and we will do the rest. Put your name on the bag and I will be giving prizes to those who donate! Thank you for your help.

Josie Carter

Magazine Committee Chair



## January CCM Minutes

Taken by Miriam Flock

Jan. 9<sup>th</sup>, 2013  
Jan. CCM  
Start time: 7:02PM

Flag Salute: Anna Vanderbilt  
4H Pledge: Anna Vanderbilt

### Officer Reports:

- Treasurer – Nico Pellowski; motioned – Alex Roberts, seconded – Krystal Jacobsen
- Recording Secretary – Miriam Flock; motioned – Jessica Bennett, seconded – Sydney Fluker

### Old Business:

- Breeding Project – Parker Brown, Jessica Bennett; babies born in early Jan, learn how to birth the piglets
- Theater Arts Project – Nico Pellowski, Austin Munro, Alex Roberts; have been learning about improve and speaking skills, brainstorming ideas for the skit
- Canning Project – Julia Item; learned about canning, made something with M&M's and chocolate chips

### Program:

- Scrapbook
- 4-H spirit song

### New Business:

- Carnival – Austin Munro, Harrison Carter; will be in April, need people for committee
- Officer Training – Michelle Munro; not many from Abbie, sign up if you are interested in becoming an officer or just learning about being a leader, contact Ms. Munro
- Presentation Day – Krystal Jacobsen; come to presentation day! lots of different types of presentations you can do, or just go to support other 4-Her's
- Alviso Adobe Cavy Day – Chloe Gipson; this Saturday at 11AM, giving a presentation on basic care of cavies, what they are, etc.
- Small Animal Field Day – Miriam Flock; will be April 27<sup>th</sup>, need volunteers to help run!!!
- Rotary Pasta Feed table – Sasha Greenlee; this Sunday, rotary club is letting us have a fundraising booth at their spaghetti feed, will be doing a cake walk

Hospitality Drawing – Grace picked the ticket, Keeley won

### Announcements:

- Concord Feed 20% off all items all day – Jan. 19
- Swine Field Day – Feb. 9
- Poultry Presentation at Alviso Adobe – Feb. 9
- Cavy Meeting – Jan. 27
- Record Book Meeting – Jan. 27
- Rabbit Meeting – Jan. 15
- Swine Meeting – Jan. 16
- Sheep Meeting – Jan. 29
- Small Animal Field Day – April 27
- sign-ups for carnival in back!!

### Birthdays

Adjourn; motioned – Helen Roberts, seconded – Grace  
End Time: 7:45PM

## Abbie 4-H

### 2011-12 Club Officers:

#### President-

Parker Brown

parkerjbrown@comcast.net

#### Vice President-

Sasha Greenlee

kygreelee@prodigy.net

#### Treasurer-

Nicolas Pellowski

nicolaspellowski@gmail.com

#### Sales Treasurer-

Austin Munroe

munro821@aol.com

#### Recording Secretary-

Miriam Flock

miriamflock@comcast.net

#### Corresponding Secretary-

Trevor Wright

quiche\_lori@hotmail.com

#### Historian-

Nicole Kluenker, Ysabela

Gonzales

vivasut@yahoo.com

#### Hospitality-

Anika Nicolas [lura@sbcglobal.net](mailto:lura@sbcglobal.net)

Chloe Gipson

Jessica Rhoads

#### Project Liaison-

Lexi Ford

annette\_ford@msn.com

Rebecca Rogers

#### Sergeant at Arms-

Harrison Carter

snecarter@yahoo.com

#### Recreation-

Erika & Krystal Jacobsen

jakeattheranch@comcast.net

#### Community Service-

Tim Jannisse

zabwastim@aol.com

#### Telephone Chair-

Austin Nicolas

[lura@sbcglobal.net](mailto:lura@sbcglobal.net)

Alex Roberts

Check out these websites  
for further 4-H help!

<http://www.abbie4h.org/>

<http://alamedacounty4h.org/>

<http://www.ca4h.org/>

## County Event Calendar

Month:

Event	Date	Location
<u>Alameda County Leaders' Council</u>	2/26	Farm Bureau
<u>Camp Academy Meeting</u>	2/20/13	Farm Bureau
Sectional Leaders Council	2/16/13	Napa
<u>All Star Info Night</u>	2/12/13	Farm Bureau

## Upcoming Project Meetings

Dates –

Poultry Project	2/13
SAFD committee	2/19
Beginning 4H Project	2/22
Cavy Project	2/24
Gardening Field Day	3/9
Horse Field Day	3/10
Skit Night	3/22
Sectional Presentation Day	3/30
County Fashion Field Day	4/27
SAFD	4/27

### *About Our Organization...*

Abbie 4-H is part of a nationwide network of 4-H Clubs, which promote the learning of leadership, citizenship, and life skills. It is a place to make friends and share interests, as well as to build confidence and learn responsibility.

Though the various activities offered, 4-H members have opportunities to learn new things and to have experiences that they may not have had otherwise. Among the list of possibilities are the opportunity to experiment, go to camp, go on trips, learn how to care for an animal, and how to preserve food, and much more.

### Community Club Leaders:

Diana Hock [Abbie4h@yahoo.com](mailto:Abbie4h@yahoo.com)

(925) 449-7024

Michele Munroe [munro821@aol.com](mailto:munro821@aol.com)

(925) 600-7223

Jan Bennett [Jb6clan@yahoo.com](mailto:Jb6clan@yahoo.com)

(925) 449-0114

Karen Harper

[cacheymom@comcast.net](mailto:cacheymom@comcast.net)

(925) 846-5456

